

## Major Depressive Disorder

### What is Major Depressive Disorder?




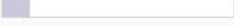
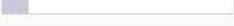
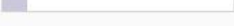


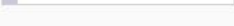

Major depressive disorder, also known as clinical depression, is marked by depressed mood, inactivity, lack of interest, insomnia, feelings of worthlessness, diminished ability to think, and may include thoughts of suicide.

### Common Symptoms Reported by People with Major Depressive Disorder

| Common symptoms                              | How bad it is | What people are taking for it                                    |
|--|---------------|--|
| Lack of motivation                           |               | Bupropion, Amphetamine-Dextroamphetamine, Lisdexamfetamine       |
| Problems concentrating                       |               | Methylphenidate, Lisdexamfetamine, Amphetamine-Dextroamphetamine |
| Fatigue                                      |               | Methylphenidate, Amphetamine-Dextroamphetamine, Modafinil        |
| Depressed mood                               |               | Sertraline, Fluoxetine, Venlafaxine                              |
| Low self esteem                              |               | Work/Occupation, Individual Therapy, Positive self-talk          |
| Headaches                                    |               | Ibuprofen, Topiramate, Acetaminophen (Paracetamol)               |
| Insomnia                                     |               | Zolpidem, Trazodone, Quetiapine                                  |
| Muscle tension                               |               | Cyclobenzaprine, Massage Therapy, Clonazepam                     |
| Anxious mood                                 |               | Alprazolam, Lorazepam, Clonazepam                                |
| Inability to experience pleasure (anhedonia) |               | Sertraline, Venlafaxine, Duloxetine                              |
| Nausea                                       |               | Ondansetron, Promethazine, Medical marijuana                     |
| Pain   |               | Tramadol, Hydrocodone-Acetaminophen, Gabapentin                  |
| Dizziness                                    |               | Vestibular Therapy, Meclizine OTC, Meclizine                     |
| Back pain                                    |               | Hydrocodone, Hydrocodone-Acetaminophen, Ibuprofen                |
| Stomach pain                                 |               | Omeprazole, Sucralfate, Scopolamine                              |
| Hyperventilation                             |               | Alprazolam, Clonazepam, Meditation                               |











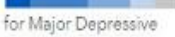
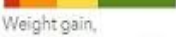
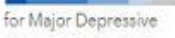

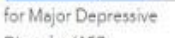
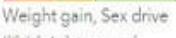
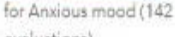
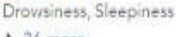
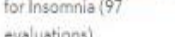

## Major Depressive Disorder

### Treatments Taken by People With Major Depressive Disorder

| Treatment name(s)                                    | Type              | How many have tried  | Tried for   |
|--|-------------------|--|---|
| <a href="#">Bupropion</a><br>(Wellbutrin XL)         | Prescription Drug | 619    | <a href="#">Major Depressive Disorder</a> (580),<br><a href="#">Depressed mood</a> (78),<br>6 more  |
| <a href="#">Duloxetine</a><br>(Cymbalta)             | Prescription Drug | 582    | <a href="#">Major Depressive Disorder</a> (531),<br><a href="#">Depressed mood</a> (119),<br>8 more |
| <a href="#">Sertraline</a><br>(Zoloft)               | Prescription Drug | 543    | <a href="#">Major Depressive Disorder</a> (444),<br><a href="#">Depressed mood</a> (204),<br>6 more |
| <a href="#">Venlafaxine</a><br>(Effexor XR)          | Prescription Drug | 469    | <a href="#">Major Depressive Disorder</a> (409),<br><a href="#">Depressed mood</a> (145),<br>5 more |
| <a href="#">Individual Therapy</a><br>(Talk therapy) | Psychotherapy     | 449   | <a href="#">Major Depressive Disorder</a> (445),<br><a href="#">Depressed mood</a> (9),<br>5 more   |
| <a href="#">Fluoxetine</a><br>(Prozac)               | Prescription Drug | 430  | <a href="#">Major Depressive Disorder</a> (359),<br><a href="#">Depressed mood</a> (148),<br>3 more |
| <a href="#">Citalopram</a><br>(Celexa)               | Prescription Drug | 331  | <a href="#">Major Depressive Disorder</a> (314),<br><a href="#">Depressed mood</a> (62),<br>2 more  |
| <a href="#">Escitalopram</a><br>(Lexapro)            | Prescription Drug | 320  | <a href="#">Major Depressive Disorder</a> (287),<br><a href="#">Anxious mood</a> (65),<br>2 more    |
| <a href="#">Clonazepam</a><br>(Klonopin)             | Prescription Drug | 264  | <a href="#">Anxious mood</a> (259), <a href="#">Insomnia</a> (12),<br>3 more                        |
| <a href="#">Trazodone</a><br>(Desyrel)               | Prescription Drug | 206  | <a href="#">Insomnia</a> (197), <a href="#">Major Depressive Disorder</a> (22),<br>4 more           |

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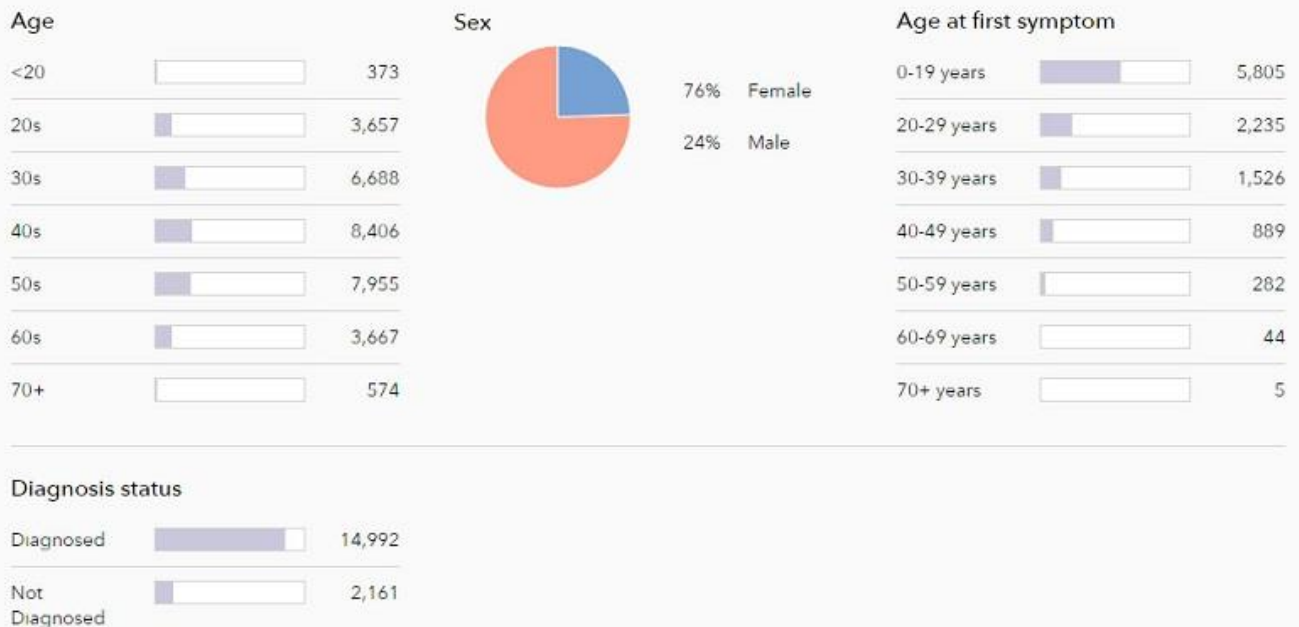
### Compare Treatments Taken By People With Major Depressive Disorder

| Treatment name(s)                 | Perceived effectiveness  | Side effects  | How many evaluations | Tried for   |
|-----------------------------------|--|---|----------------------|---|
| Bupropion (Wellbutrin XL)         | <br>for Major Depressive Disorder (292 evaluations)   | <br>Anxious mood, Irritability<br>▶ 149 more                 | 350                  | Major Depressive Disorder (580), Depressed mood (78), 6 more  |
| Duloxetine (Cymbalta)             | <br>for Major Depressive Disorder (274 evaluations)   | <br>Dry mouth, Nausea<br>▶ 123 more                          | 370                  | Major Depressive Disorder (530), Depressed mood (119), 8 more |
| Sertraline (Zoloft)               | <br>for Major Depressive Disorder (243 evaluations)   | <br>Sex drive (libido) decreased, Weight gain<br>▶ 136 more  | 334                  | Major Depressive Disorder (443), Depressed mood (203), 6 more |
| Venlafaxine (Effexor XR)          | <br>for Major Depressive Disorder (242 evaluations)   | <br>Dry mouth, Weight gain<br>▶ 142 more                     | 304                  | Major Depressive Disorder (409), Depressed mood (145), 5 more |
| Individual Therapy (Talk therapy) | <br>for Major Depressive Disorder (184 evaluations) | <br>Anxious mood, Depressed mood<br>▶ 52 more              | 225                  | Major Depressive Disorder (444), Depressed mood (9), 5 more   |
| Fluoxetine (Prozac)               | <br>for Major Depressive Disorder (183 evaluations) | <br>Weight gain, Headaches<br>▶ 104 more                   | 239                  | Major Depressive Disorder (359), Depressed mood (148), 3 more |
| Citalopram (Celexa)               | <br>for Major Depressive Disorder (180 evaluations) | <br>Dry mouth, Loss of sex drive (libido)<br>▶ 93 more     | 211                  | Major Depressive Disorder (313), Depressed mood (62), 2 more  |
| Escitalopram (Lexapro)            | <br>for Major Depressive Disorder (157 evaluations) | <br>Weight gain, Sex drive (libido) decreased<br>▶ 88 more | 196                  | Major Depressive Disorder (286), Anxious mood (64), 2 more    |
| Clonazepam (Klonopin)             | <br>for Anxious mood (142 evaluations)              | <br>Drowsiness, Sleepiness<br>▶ 36 more                    | 158                  | Anxious mood (259), Insomnia (12), 3 more                     |
| Trazodone (Desyrel)               | <br>for Insomnia (97 evaluations)                   | <br>Drowsiness, Grogginess<br>▶ 43 more                    | 104                  | Insomnia (197), Major Depressive Disorder (22), 4 more        |

## Major Depressive Disorder

### Who Has Major Depressive Disorder on PatientsLikeMe?

33,607 patients have this condition  
2,918 new patients joined this month  
13,368 say Major Depressive Disorder is their primary condition



These charts show data from Major Depressive Disorder patients who have completed their condition history

Last updated: February 6, 2017