FREE one-on-one support for psoriasis patients.

Your needs. Your schedule.

Medscape and Pack Health are working together to provide you with the resources you need to manage your psoriasis.

Get a personal Health Advisor.

Your coach and accountability partner for taking small steps to accomplish major health goals.

Get resources tailored to you.

Resources make it easier for you to access and afford the healthcare that you need.

Our Health Advisors go above and beyond to:

- Create customized meal **plans** and exercise routines
- Find discounts on medications, gym memberships, and more
- Help you set and achieve your personal health goals



Weekly check-ins



Reminders & encouragement



All on your schedule

Call or go online to activate your free program.



(855) 255-2362



packhealth.com/medscape-pso